



## ***Rock-N-Water Summer Camp***

**July 30-August 2, 2017**

**@ Rock-N-Water, 6580 CA-49, Lotus, CA, 95651**

**Cost: \$350**

Join us July 30<sup>th</sup>-August 2<sup>nd</sup>, 2017 for Summer Camp @ Rock-N-Water in Lotus, CA where we will be camping, rock climbing, repelling, hiking, rafting, good food, good friends, and the presence of The Lord!

As someone that has been to Rock-N-Water before, I can honestly say that it's an amazing chance to get away from the everyday interruptions that block us from hearing Jesus and jump into God's creation. There is something awe inspiring about looking up in the sky and seeing the universe that God created, hearing the sounds of nature and feeling His presence in your life. We will have a nightly time of worship and teaching and be stretched both spiritually and physically.

One of my favorite things about Rock-N-Water is that it brings out confidence in students. There will be times where you are asked to climb a little higher, push a little harder and help those are with them to accomplish the journey for the day. You begin to see that you are not only equipped to do thing that you didn't think were possible, but you can help others to accomplish those goal as well.

I suggest that if you only join us for one youth group outing this summer, come to this one. I'm looking forward to having you join us for an amazing time!

God Bless,

-Pastor Michael Collins



### THIRD: MEDICAL AUTHORIZATION

In the event it should become necessary, whether in emergency or otherwise, where the said Participant cannot act for himself or herself, consent is hereby given for SCC through its adult individuals serving as its agents to arrange for and consent to x-ray examinations, anesthesia, dental, medical or surgical diagnosis and/ or treatment and hospital care, for said Participant, on behalf of Participant; and, in such event, Participant agrees to assume and pay all costs, charges, fees and expenses incurred in the premises, and to hold harmless SCC there from. Participant represents and agrees that he or she already has or will provide insurance coverage or payment of such things, at Participant's own expense.

Name of Emergency Contact: \_\_\_\_\_

Telephone: \_\_\_\_\_

(Day)

(Evening)

Is SCC authorized to approve medical treatment? (Circle one)      Yes      No

Is Participant covered by personal/family medical insurance? (Circle one)      Yes      No

If yes, name of Insurer / Insurance Carrier:

\_\_\_\_\_

Policy or group number:

\_\_\_\_\_

### FOURTH: DISCIPLINE

Participant for themselves or on behalf of such minor child hereby submits to and agrees to abide by all rules and regulations, supervision and discipline set and applied by SCC or its agents, and it is agreed that for violation of such rules and regulations, supervision or discipline, the participation in the activity may then be immediately terminated, without liability on SCC or its agents.

### FIFTH: VIDEO/PHOTO

Participants and/or their guardians agree to allow themselves to be photographed or videoed for the purpose of distribution of a video yearbook and/or future promotional material.

### PARTICIPATION AGREEMENT

By signing below, the Participant (or parent/guardian if Participant is a minor) acknowledges and accepts the risks of physical injury associated with participation in the activity described above. Except for gross negligence on the part of the sponsor and/or its representatives, including employees, and/or its volunteers, the Participant (or parent/guardian) accepts personal financial responsibility for any bodily or personal injury sustained during the activity. Further, the Participant (or parent/guardian) promises to hold harmless the sponsor (SOUTHPOINTE CHRISTIAN CENTER) and its representatives, including employees, and its volunteers, for any injury related to the activity.

If a dispute over this agreement or any claim for damages arises, the Participant (or parent/guardian) agrees to resolve the matter through a mutually acceptable arbitration process.

DATED: \_\_\_\_\_

SIGNATURE: \_\_\_\_\_

Participant or Parent/Legal Guardian (if participant is a minor)

PRINT \_\_\_\_\_

(Please PRINT name here)

**ROCK-N-WATER - Acknowledgement of risks, Assumption of risks & responsibility, Release of liability**

*Every participant must complete one (one per person), and minors need a parent/guardian signature.*

WARNING: Although precautions are taken to provide a safe and enjoyable experience, there can be no guarantee of absolute safety against injury and accident. There are significant elements of risk in any adventure, sport, or activity associated with the outdoors or wilderness including but not limited to camping, hiking, rock climbing, the use of watercraft (all referred to herein as activity), and the use of any related equipment.

ACKNOWLEDGMENT OF RISKS: I recognize that there are inherent dangers both known and unknown in the activity and those risks may result in serious injury including permanent paralysis or death. Camping / Hiking / Rock Climbing Risks include but are not limited to: 1) Falls; 2) Cold weather related injuries; 3) Heat related illnesses including heat exhaustion and heat stroke; 4) Altitude related sicknesses including acute mountain sickness, pulmonary edema, cerebral edema and/or retinal hemorrhage; 5) An act of nature which may include inclement weather, avalanche, rock fall, crevasse fall, and severe or varied temperature or winds; 6) River crossings, or travel including travel to or from the activity; 7) Risk associated with crossing, climbing, or down climbing rock, ice, or snow; 8) Varied diet and water source; 9) The presence of insects or wild animals.

Use of Watercraft Risks include but are not limited to: 1) Changing water flow or currents; 2) Natural or man-made objects whether submerged, semi-submerged, floating, or overhanging; 3) Inclement weather, various or severe wind, temperature, and weather conditions; 4) Stability characteristics of my watercraft, and my physical coordination and ability to control the craft or follow directions; 5) Getting into or out of the watercraft; 6) Collision, capsizing or sinking which can result in wetness, injury, exposure, hypothermia, and/or drowning. I agree to wear U.S.Coast Guard approved Personal Flotation Device while in or upon water.

I realize that personal property may be damaged or lost, that certain foreseeable and unforeseeable events including equipment malfunction or failure, can contribute to the unpredictability of the risks, dangers, and hazards of the activity; that I may suffer accidents or illnesses in remote places where there are no available medical facilities; that I should ask about other potential risks, dangers, and hazards and recommended precautions and procedures; and that wearing appropriate clothing and footwear for all activities are basic safety precautions.

EXPRESS ASSUMPTION OF RISK AND RESPONSIBILITY: In recognition of the inherent risks of the activity which I or any minor children for which I am responsible, will engage in, I confirm that I (or the participant) is physically and mentally capable of participating in the activity and/or using equipment. I participate willingly and voluntarily and I assume full responsibility for injury, accidents or illness, including death. I also assume responsibility for damage to or loss of personal property as the result of any accident that may occur.

I assume the risk(s) of injury, accidents and/or illness, including but not limited to sprains, torn muscles and/or ligaments; fractured or broken bones; eye damage; cuts, wounds, scrapes, abrasions, and/or contusions; dehydration, oxygen shortage (anoxia), exposure and/or altitude sickness; head, neck, and/or spinal injuries; animal bite or attack, insect bite, allergic reaction; shock, paralysis, drowning, and/or death; and acknowledge that during the activity I may experience fatigue, chill and/or dizziness which may diminish my reaction time and increase the risk of an accident.

COVENANT OF GOOD FAITH: I recognize that you, as provider of services, will operate under a covenant of good faith and fair dealing, but that you may find it necessary to terminate an activity due to forces of nature, medical necessities or other problems. I accept your right to take such actions for the safety of myself and/or other participants. I acknowledge that no guarantees have been made with respect to objectives.

MEDICAL TREATMENT RELEASE: I hereby authorize any medical treatment deemed necessary in the event of any injury or illness while participating in the activity. I represent that my consent to medical treatment is legally sufficient and that no consent from any other person is required by law. I either have appropriate insurance or in its absence, agree to pay all costs of rescue and/or medical services as may be incurred on my behalf. I further authorize the attending group organizer and/or Rock-N-Water Staff to control and administer any and all medications.

PROMOTIONAL MATERIAL RELEASE: I agree that any film, photographs, media of me, and any spoken comments or written evaluations, become your property and may be used for any advertising, promotional or commercial purposes.

WATER FLOW: Water flows in the South Fork American River result from releases from facilities located upstream. Such water releases are not subject to the control of El Dorado county or commercial rafting companies operating under permits from El Dorado County.

EDUCATIONAL OBJECTIVES: Guests of all ages are expected to participate in scheduled sessions and activities.

RELEASE: In consideration of services or property provided, I, for myself and any minor children for which I am parent, legal guardian or otherwise responsible, and heirs, personal representatives or assigns, hold harmless and do hereby release: Rock-N-Water, its principals, shareholders, directors, officers, agents, employees and volunteers, and each and every land owner, municipal and/or governmental agency, including the State of California, Department of Parks and Recreation, and the Bureau of Reclamation, upon whose property or by who's permission an activity is conducted, from all liability and waive any claim for damage arising from any cause whatsoever (except that which is the result of gross negligence). The venue of any dispute that may arise out of this agreement or otherwise between the parties to which the Rock-N-Water or its agents is a party shall be either the town, city or village of Placerville, California justice court of California in El Dorado County.

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Phone: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Birth Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_ Competent Swimmer?

Street: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

Please tell the leader of your trip if you have any food allergies or dietary restrictions, so that they might alert our kitchen in advance.

Allergies: \_\_\_\_\_

Medical Conditions & Medications: \_\_\_\_\_

Anything else we should know: \_\_\_\_\_

I am an adult and decline to provide medical information.

Please attach or list on the back a record of immunizations including date of last tetanus shot.

**I have read the foregoing acknowledgement of risks, assumption of risks and responsibilities, and release of liability. I understand that by signing this document I may be waiving valuable legal rights.**

Participant:  Parent/Guardian:  Date:

# SUMMER - DA STUFF TO BRING

Anything you bring might get wet or lost, so leave anything of great value at home.

## **What**

SANDALS/OLD SHOES  
DRY SHOES  
SWIMSUIT / SHORTS (NYLON)  
DRY SHORTS  
PANTS / SWEATS  
T-SHIRT  
HAT / VISOR  
DRY CLOTHING  
PRESCRIPTION MEDICATIONS  
BIBLE

## **Why**

To get wet in (Sandals need an ankle strap. Avoid "water socks" on non-rafting days)  
Something dry to change into  
To get wet in (Please keep it modest/appropriate for athletic activity)  
Something dry to change into  
Loose and comfortable  
Comfortable  
To block the sun  
You may get wet (hence Rock-N-Water)

## **Optional**

Sunscreen  
Long Sleeve Rash Guard  
Diving mask  
Water bottle  
Waterproof camera

It's sunny out there.  
Unless you get cold easily, a long sleeve nylon shirt is better than sunscreen.  
To explore underwater on **Rock Climbing** or **Canyon days**  
For use around camp. We'll bring water for you on adventures,

## **If Spending the Night**

CHANGE OF CLOTHES  
WIND BREAKER  
SWEATSHIRT / WARM JACKET  
UNDERWEAR  
SOCKS  
T-SHIRT  
TOWEL  
TOOTHPASTE & TOOTHBRUSH  
SOAP  
SLEEPING BAG & PAD  
PILLOW  
TENT OR TARP  
DUFFLE BAG  
FLASH LIGHT

Something dry to change into  
Rain resistant if possible  
It can get cold and night and in the morning  
Don't leave home without 'em!  
Dirty socks are dirty  
Your other T-shirt might get wet  
To dry off with after a swim or a shower  
Morning breath  
Our guides may smell, but you dont have to  
Bag to sleep in and the Pad to sleep on.  
Its better with just one  
We recommend sleeping outside, Our staff do it all summer long.  
To put everything into

## **Optional Night Stuff**

Mosquito Repellent (optional)  
Musical Instrument (optional)

Can be helpful (but read the warning label)  
We like music

## **Optional for Leaders or as a group**

Laundry Line  
Board/Card Games

For drying clothes  
We don't give much free time, but can be handy if your group likes it

## **If coming during the spring or fall (bring it if you have it)**

Wool Socks, Wool Sweater, Poncho/Rainjacket, Wetsuit And Booties, Warm Hat

NOTE: ALL PIANOS, TROMBONES, AND KAZOOS ARE WELCOME. BUT ALL SATELLITE-DISHES, CELL PHONES, ELECTRONIC GAMES, TV SETS, MUSIC PLAYERS AND JUNK FOOD/DRINKS ARE NOT ALLOWED.

